

Who Needs a Flu Shot? You.



Everyone six months and older needs a flu vaccine every year.

Why get a flu shot?

- Flu shots are safe, proven and effective.
- Flu shots protect you and those around you.
- Flu shots lessen flu symptoms if you do get it.
- Flu shots can prevent costly doctor's visits.

Help fight the flu

- Get a flu shot every year.
- Wear a mask in public.
- Wash your hands.
- Disinfect objects and surfaces.
- Stay home if sick.

Stay flu-free during COVID-19:
austintexas.gov/flu | vaccinefinder.org